

The Act of Contrition

My God,
I am sorry for my sins with all my heart.
In choosing to do wrong
and failing to do good,
I have sinned against you
whom I should love above all things.
I firmly intend, with your help,
to do penance,
to sin no more,
and to avoid whatever leads me to sin.
Our Savior Jesus Christ
suffered and died for us.
In his name, my God,
have mercy.



The Guardian Angel Prayer

Angel of God, my guardian dear,
to whom God's love commits me here,
ever this day [night] be at my side,
to light and guard, to rule and guide.
Amen.

Evening Prayer of St. Augustine

Watch, Lord,
with those who wake or
weep tonight. Give the angels and
saints charge over those who sleep. O Lord
Jesus Christ, tend your sick ones, rest your
weary ones, bless your dying ones, soothe
the suffering ones, pity all the afflicted
ones, shield the joyful ones, and all
for your love's sake. Amen.

This simple card offers parents, teachers, religious, and clergy a tool for introducing these classic prayers to kids. Use it alone or to accompany the DVD *Kids & Prayer: with Br. Mickey McGrath, OSFS* from Paraclete Press. To order the DVD or additional copies of this card, please visit www.paracletepress.com or call 1-800-451-5006.

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