

ARTS AND CRAFTS FROM A TO Z

Over 150 ideas
for catechists and
religious teachers

MARY KATHLEEN GLAVICH, SND

TWENTY
THIRD *3rd*
PUBLICATIONS
NEW LONDON, CT 06320
WWW.23RDPUBLICATIONS.COM

TWENTY-THIRD PUBLICATIONS

A Division of Bayard

One Montauk Avenue, Suite 100

New London, CT 06460

(860) 437-3012 or (800) 321-0411

www.23rdpublications.com

Copyright ©2013 Mary Kathleen Glavich. All rights reserved.

No part of this publication may be reproduced in any manner
without prior written permission of the publisher.

Write to the Permissions Editor.

ISBN: 978-1-58595-869-6

Library of Congress Control Number: 2012955176

Printed in the U.S.A.

DEDICATION

To all of the Sisters of Notre Dame
who took the time to create the artwork
for the photos in this book

Sample-do not duplicate

ACKNOWLEDGMENT

I am grateful to all who helped me with the art projects in this book.

Art and crafts not created by Sister Kathleen Glavich, SND were made by the following:

ACCORDION-STYLE DOUBLE PICTURE Mary Therese Brown, SND	FRAMES ENVELOPE CORNERS M. Francismarie Seiler, SND	POP UP Mary Agnes O'Malley, SND
BOOK JACKET M. Loretta Pastva, SND	GRAPH PAPER (1) M. Barbara Knuff, SND	PORTRAIT Francismarie Kall, SND
BOWLS Angela M. Salazar, SND	GRAPH PAPER (2) M. Barbara Knuff, SND	QUILT Regina High School students
BROCHURE Mary Agnes O'Malley, SND	GREETING CARDS (1) M. Floranne Yatsko, SND	ROCK ART M. Josephe Fernandez, SND
BUTTONS M. Susan Kurth, SND	GREETING CARD (2) M. Floranne Yatsko, SND	SANDPAPER PICTURES M. Francismarie Seiler, SND
CALLIGRAPHY Joanne M. Zeitz, SND	RINGS Nanette M. Zemet, SND	SCRATCH ART Diane M. Pekarek, SND
CARTOON M. Loretta Pastva, SND	JIGSAW PUZZLE Mary Agnes O'Malley, SND	SPOTLIGHT ON THE CROSS M. James Kelly, SND
CLAY TILE M. Ann Isabella, SND	MATCHSTICK CROSS Angela M. Salazar, SND	STABILE (1) M. Doreen Strahler, SND
COTTON BALL SHRINE Angela M. Salazar, SND	MIXED MEDIA (1) M. Doreen Strahler, SND	STABILE (2) M. Floranne Yatsko, SND
BOX DIORAMA M. Floranne Yatsko, SND	MIXED MEDIA (2) Mary Therese Brown, SND	STAINED-GLASS WINDOW M. Loretta Pastva, SND
YARN DOLL Regina Alfonso, SND	MODEL (LOURDES SHRINE) M. Floranne Yatsko, SND	SUNCATCHERS M. Doreen Strahler, SND
TOOTHPICK DOLLS Kathleen Stobierski	NEEDLEWORK Misty and Kathleen, Regina High School students	TORN PAPER Sandra M. Peters
DREAMCATCHER M. Rochelle Walter, SND	OJO DE DIOS M. Susan Kurth, SND	TREE (ADVENT) M. Doreen Strahler, SND
	ORNAMENTS Retired Sisters of Notre Dame	TRIPTYCH (1) (OPEN) M. Barbara Knuff, SND
	PALM Bernadette M. Bacho, SND	TRIPTYCH (2) M. Barbara Knuff, SND

TABLE OF CONTENTS

INTRODUCTION 9

MORE ABOUT THIS BOOK 11

A

Accordion-Style Stories 12

Accordion-Style Crafts 12

Advent Wreath Ideas 14

All-Over Patterns 14

Aluminum Foil Works of Art 15

B

Badge or Button Messages 16

Banner Possibilities 17

Batik with Cloth or Paper 17

Billboard Miniatures 18

Board Game Homemade 18

Book Jacket 18

Booklet on a Topic 19

Bookmark Styles 20

Bowl Creations 20

Box Costume 21

Box/Pyramid with a Theme 21

Brick Doors Top or Bookends 22

Brochures 23

Bubble Wrap Uses 23

Bulletin Board Secrets 23

Bumper Sticker Statements 24

Buttons Recycled 24

C

Calligraphy for Flair 25

Cancelled Stamps Reused 26

Candle Making Methods 26

Candles (Wax) 28

Cartoon Illustrations 28

Chain Styles 29

Chalk Artwork 30

Charcoal Drawing 30

Circle Learning Tool 31

Clay Figures 31

Coat of Arms 31

Collage Creations 32

Coloring Picture Sources 32
Commemorative Stamp 32
Copying Art Using a Grid 32
Corrugated Cardboard Art 33
Cotton Ball Art 33
Crayon Variations 33

D

Diorama Projects 34
Doll Versions 35
Doodling for Reflection 37
Door as an Art Piece 37
Doorknob Hanger 38
Dot Art 38
Dreamcatcher 38

E

Egg Decorations 39
Egg Carton Crafts 40

F

Fabric Paint Uses 41
Fingerprint Designs 41
Fingerpaint Fun 41
Flag Project 42
Flip Book Moving Pictures 42
Flyer Announcements 42
Foam Tray Art 43

G

Glitter and Glue 44
Graph Paper Art 44
Greeting Cards 45

H

Headwear Patterns 47
Holy Card or Prayer Card 48

J

Jar Art 48
Jewelry of All Kinds 49
Jigsaw Puzzle 50

K

Kiosk Exhibit 51
Kite with a Message 51

L

Lid-Based Art 52
Light Switch Cover Embellishing 52

M

Magnet Creations 53
Mandala Drawing 53
Map Making 54
Mask Craft 54
Matchstick Cross 55
Mixed Media Masterpieces 55
Mobile Varieties 56

Mobius Strip 58

Models of People, Places,
and Objects 58

Mola Paper Imitation 58

Monochromatic Art 59

Mosaic Pieces 59

Multiple Line Art 60

Mural Projects 60

N

Nail Novelties 61

Needlework Activities 61

O

Ojo de Dios (Eye of God) 62

Origami Forms 63

Ornament Painted Inside 64

P

Painting on Odd Materials 64

Palm Possibilities 65

Papel Picado (Pierced Paper) 66

Paper Doll Versions 66

Paper Lantern 65

Papier Mâché Head 65

Paper Plate Art 66

Paper Strip Art Like Quilling 68

Pencil Cups 69

Pennant Craft 69

Photo Possibilities 70

Picture Presentations 70

Pinwheel Project 71

Placemat Styles 71

Plaque for a Wall 72

Plastic Jug Art 72

Pompom Uses 73

Pop-Up Card and Pictures 73

Portrait of a Person 74

Positive-Negative Picture 75

Postcard for Pretend 75

Posters for Promotions 75

Prints from Almost Anything 75

Pull-Tab Picture 76

Puppets and Marionettes 77

Q

Quilt-Making 79

R

Rock Art 80

Rubbing Artwork 81

S

Salt Painting 81

Sand Art 82

Sandpaper Pictures 83

Scrapbooks 83

Scratch Art 83

Scrolls and Parchment Paper 84

Sculpture Designs 84

Shadow Box 85
Shell Art 85
Shrine Miniatures 86
Silhouette Images 86
Soap Carving 87
Stabile Creation 87
Stained-Glass Windows 88
Stand-Up Displays 89
Stencil Drawing 90
Stickers Galore 91
Stitch Card Ideas 91
Stuffed Creations 91
A Prayer Sit Upon 92
Suncatcher Varieties 92

T

Tattoo Types 94
T-Shirt Canvases 94
Tissue Paper Patterns 94
Toothpick Art 95
Torn Paper Pictures 95
Totem Poles 96
Trees for Church Seasons 96
Triptych Panels 97
Twist Tie Fillers 97

V

Video Show 98

W

Website Creation 99
Wind Chime Variations 99
Window Painting 99
Windsock Project 100
Word Art 100
Woven Works 101
Wreath Options 101
Yarn Art 102

APPENDIX 104

Backgrounds 104
Frames 106
Recipes 107
Templates 109
 Cube 109
 Box with a Lid 110
 Pyramid 111
 Pendant 112
 Kite 113
 Pinwheel 114

INDEX 115

INTRODUCTION

When I was taking courses with the goal of being a high school English teacher, I was plucked out of college and sent to teach third graders. To prepare for this unexpected venture, I spent a day with Sister Claudette Amrhein, an expert third-grade teacher. And that day she taught me. Above all, I was grateful for the discipline techniques Sister Claudette shared. But a close second were her many art activities. Supplied with this knowledge, I survived the school year and even enjoyed it.

This book is an attempt to do for others what Sister Claudette did for me. It is a collection of art ideas to use with students of all ages. Because the book is especially meant to be a handbook for religion teachers, each art idea is accompanied by a few suggested religion topics that can be used to reinforce the lesson through that activity. These suggestions are by no means exhaustive. No matter what the subject of a lesson, teachers can flip through these pages and find an art activity to support it.

Yes, art can be messy. I recall the day my first-graders made the heads of saints for Halloween by draping papier mâché over balloons. I had read that white glue would be improved by adding grease to it. Unfortunately the balloons were too thin. As the children worked, one by one their balloons burst and zoomed around the room, leaving prints on the ceiling, floor, and our new flashcard chart. After that fiasco my teacher aide, who was dressed in a suit and high heels, never returned! Despite their messiness, there are strong arguments for art projects.

Reasons for Art

Why take time in religion class to do art? Art brings faith to life. Recall how in the Middle Ages illiterate people learned the faith by gazing on the magnificent stained-glass windows and woven tapestries that graced their churches and cathedrals. Those works of art captured and expressed the essence of the faith for them.

When I reflect back on my student days, what I remember most about my religion classes are the art projects: the Ark of the Covenant I spray-painted gold at home, the mosaic of colored pieces from magazines that expressed Mary's title "Mystical Rose," and the passion picture made of purple, white, and pink positive and

negative patterns. Creating something based on a concept makes that concept more memorable. A student who strings together the decades of a homemade rosary is more apt to remember how to pray it than a student who merely reads about the rosary.

Personally, bringing forth something that reflects one's self and thoughts is usually satisfying. Once I heard a priest tell of his first experience of teaching religion to little children. He had them create a work of art. Then to teach the value of sharing, he directed the students to give their masterpieces to another student. Bedlam broke out! The children were so attached to their creations that they didn't want to give them up.

Children of all ages like to dabble in paints, shape clay, and cut and fold paper. Picasso noted: "All children are born artists. The problem is how to stay an artist when you grow up." Tapping into children's natural tendency for art as a means of passing on the faith is a good teaching strategy.

Furthermore, producing a piece of art can be a springboard to prayer. During the creative process the students have the opportunity to reflect on the religious truths they are conveying through art. A wise teacher will also incorporate the finished products into a prayer service.

Finally, the *Catechism of the Catholic Church* calls art "a freely given superabundance of the human being's inner riches" that is able to "give form to the truth of reality in a language accessible to sight." The Catechism points out that "art bears a certain likeness of God's activity in what he has created." (2501) Clearly God was an artist in creating the universe. Remember that Jesus spent most of his life as a carpenter, a craftsman. When students engage in art, they do nothing less than imitate the Divine Artist!

MORE ABOUT THE BOOK

Opportunities for Religious Art

Art projects ought to supplement religion lessons not supplant them. The all-too-few hours of class should be devoted mostly to developing the mysteries of our faith, and only occasionally to making posters, puppets, and the like. But there are other ways to provide students with the opportunity to create religious art:

- In Catholic schools an art class can be devoted to a project related to the day's religion class.
- In all religious education programs art can be assigned as homework or as a family project.
- Art can be incorporated into a school or grade level retreat or Jesus Day.
- A family Advent or Lent night can include an art project that the family works on together.
- Students can be encouraged to enter poster contests related to religion or moral issues.

A Word of Caution

IMPORTANT: Steps in activities that involve heat sources, pointed scissors, or knives need to be carried out by an adult or with adult supervision depending on the age of the student.

A Word of Advice

Before you do any activity with your class, make a sample yourself.

Display the students' artwork not only in your classroom, but also in the school and parish buildings. Let it touch the hearts of others and teach them the faith too.

Practical Notes about This Book

1. Usually when crayon or markers are listed as needed, paint, crayon pastels, felt-tipped pens, or colored pencils can be used instead.
2. Sometimes when glue is called for, a glue stick will do.
3. File folders and cereal boxes can sometimes be used for tagboard.
4. Sculpey® is a good alternative for modeling clay.



ACCORDION-STYLE STORIES

» A Stand-up Story

SUPPLIES : a long strip of tagboard; crayons or markers

1. Fold the tagboard in half.
2. Place the tagboard down so it forms a hill.
3. Bring both ends to the fold and crease them to make four panels. In each panel draw a scene from a story, a symbol, or a picture for a topic.

Option: Increase the number of pages.

CATECHETICAL CONNECTIONS : Scripture; prophets; evangelists; virtues; marks of the Church



» A Story in a Box

SUPPLIES : a box about the size of a greeting card box; a strip of paper slightly smaller than the length of the box and four to six times wider than its width; crayons or markers; glue

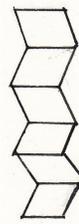
1. Accordion-fold the paper to form four panels.
2. Draw pictures on each panel. See the suggested topics under "A Vertical Storybook."
3. Glue the first page into the top of the box and the last page into bottom of the box.
4. Fold up the paper and close the box.

Option: Write a title for the story on a piece of paper the size of the lid. Add art and glue the paper to the lid.

» A Vertical Storybook

SUPPLIES : three sheets of paper equal in size; crayons or markers; tape

1. Fold the papers in half.
2. Tape them together end to end so that they can fold up accordion-style.
3. Draw a picture on each panel horizontally to tell a story as the booklet is dropped open.



CATECHETICAL CONNECTION : biblical leaders; Jesus stories; lives of the saints; Mysteries of the Rosary

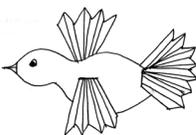
ACCORDION-STYLE CRAFTS

» A Dove

SUPPLIES : two ½ sheets of 9" x 12" white drawing paper; pointed scissors; pencil; black and yellow crayons or markers; stapler

1. Draw a dove without a tail or wings on a piece of the drawing paper and cut it out.
2. Make a 1"-wide horizontal slit in the side of the dove.

- Place another sheet of paper horizontally and accordion-fold it with pleats about 1" wide. Insert it into the slit for wings.
- Accordion-fold the half sheet of paper the same way. Then fold it in half and staple it to the end of the dove for the tail.
- Color the beak and draw an eye on each side of the dove.



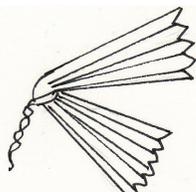
Option: Instead of stapling the tail, make a vertical slit on the end of the dove and insert the tail.

TOPIC SUGGESTIONS : *the story of the Flood; Holy Spirit; baptism of Jesus; sacrament of confirmation; birds of the air*

» A Tissue Paper Rose

SUPPLIES : *pink, yellow, or red tissue paper; scissors; green pipe cleaner*

- Cut six pieces of tissue paper about 5" square.
- Place the pieces on top of each other and accordion-fold them in ½" pleats.
- Wrap the end of a pipe cleaner around the middle.
- Cut the two ends of the pleated paper in a curve.
- Spread out the two fans and turn up the ends.
- Peel up each layer.
- Fluff the ends so the flower looks like a rose.



Option: Use one soft facial tissue. Accordion-fold it long ways in ½" pleats. Fold it in half. Holding it closed, tie it in the middle with a twist tie, yarn, or ribbon. Cut through the folded end. Gently separate the layers.

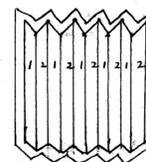
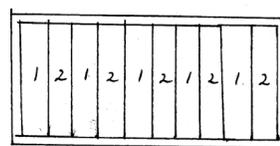
CATECHETICAL CONNECTIONS:
Mary; Mother's Day; St. Thérèse of Lisieux; Our Lady of Guadalupe



» Accordion-Style Double Picture in 3-D

SUPPLIES : *two sheets of 1½" x 10" drawing paper; scissors or paper cutter; crayons or markers; pencil; glue*

- On each sheet, draw a picture that covers most of the paper.
- On the back of the sheets, draw vertical lines 2" apart with a pencil.
- Cut apart the strips and number them lightly with pencil.
- Tape two sheets of construction paper together to form a horizontal sheet.
- Leaving about 1" of space on the left edge, glue the strips of paper to the construction paper, alternating pictures. (Strip 1 from picture one, strip 1 from picture two, strip 2 from picture one, and so on.)
- When the strips are completely dry, trim the construction paper to make a frame.
- Accordion-fold the strips.



Option: Glue the right and left edges of the construction paper onto sturdy paper.

CATECHETICAL CONNECTIONS : *two related topics such as the angel appearing to Mary and to Zechariah, the treasure in the field and the pearl of great value, two miracles of Jesus*

ADVENT WREATH IDEAS

An Advent wreath has four candles. Each week in Advent another candle is lit. The evergreen that forms the wreath symbolizes God's eternalness. So does its circular shape, which has no beginning or end. Purple, the predominant color, is the liturgical color for Advent. The pink candle is lit for the third week that begins with Gaudete (Rejoice) Sunday.

» Wreath with Greens

SUPPLIES : evergreen branches; wire; four candles (three purple, one pink); four white bows; candle holders or a styrofoam ring

1. Bind the evergreen branches together into a circle with wire. If you are using a styrofoam ring, shape the branches to it.
2. Press the four candles into the styrofoam equidistantly. If you use candleholders or vigil lights, just set the candles in place. Add a bow to the base of each candle.

Options:

- Use all white candles with purple and pink bows.
- Add a white candle in the center of the wreath to represent Jesus.
- Simply draw and color an Advent wreath on paper. Color a flame on a candle as each week of Advent begins.

» Paper Plate Wreath

SUPPLIES : paper plate; green paint; purple and pink construction paper; yellow tissue paper; scissors; tape

1. Cut out the center of the paper plate to make the wreath.
2. Paint the wreath green.
3. Cut the construction paper into rectangles to make four purple candles and one white one.
4. Roll up each rectangle and tape it together to make a candle.
5. Tape the candles to the wreath.

6. Each week of Advent shape a piece of yellow tissue paper into a flame and insert it in a candle.

Option: Use green tissue paper for the wreath.

Cut 2" squares. Wrap each square around the end of an unsharpened pencil and dip it into glue. Place it on the wreath.

» Clay Wreath

SUPPLIES : clay (see Recipes in the Appendix, page 107); birthday candles (three purple and one pink); green paint

1. Roll clay to make three long strands and braid them.
2. Shape a small wreath out of the braided clay.
3. Insert birthday candles in the wreath.
4. When the clay is dry, paint the wreath green.

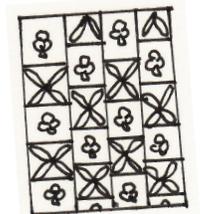
ALL-OVER PATTERNS

SUPPLIES : paper; pencil; crayons or markers

1. Divide drawing paper into four equal columns by drawing lines or by folding the paper twice.
2. Mark off rectangles so that every other column begins with half a rectangle.
3. Draw the same picture in each rectangle, making only half of it in the half rectangles.

Options:

- Alternate pictures with abstract designs.
- Alternate two pictures or two symbols. For example: wheat and a host alternated with grapes and a cup; a heart alternated with a dove; a cross alternated with an empty tomb.



CATECHETICAL CONNECTIONS : *manger with a star over it; a chi rho; a dove holding an olive branch; a cross on Calvary*

ALUMINUM FOIL WORKS OF ART

» Simple Figure

SUPPLIES : *heavy-duty aluminum foil; tempera paint (optional); scissors (optional)*

Mold, tear, or cut a piece of aluminum foil into the form of a person, animal, or object.

Option: Paint the foil figure and glue on other things, such as facial features or clothes.

» Etching

SUPPLIES : *heavy-duty aluminum foil or an aluminum foil pan; newspapers; a paintbrush; a screwdriver or dull pencil; tempera paint or markers*

1. Place a piece of aluminum foil on several layers of newspaper.
2. Draw a picture by carefully pressing down with the end of a blunt tool to create shapes and textures.
3. Color the picture with paint or markers.

Option: Place the foil face down and etch on the back so that when the foil is turned over, the picture stands out.

» Beautified Art

SUPPLIES : *heavy-duty aluminum foil; drawing paper; glue; crayons or markers; scissors*

1. Create a picture.
2. Decide which parts to highlight by covering them with foil. For example: in a picture of water dripping from a shell

over a baptismal font, make the drops and the water in the font out of foil.

3. Trace the special parts onto aluminum foil.
4. Cut out the aluminum foil pieces.
5. Glue the aluminum foil shapes onto the picture.

» Painted Foil

SUPPLIES : *scrap paper; pencil; heavy-duty aluminum foil; tempera paint or markers*

1. Sketch a picture on scrap paper.
2. Paint the picture on foil.
3. Turn up the edges of the foil to make a frame.

Option: Cover aluminum foil with paint. When the paint is dry, scratch a picture in it with a blunt point such as the end of a paintbrush.

» Embossed Art

SUPPLIES : *aluminum foil; cardboard; tagboard; pencil; scissors; tape; permanent markers*

1. Think of a picture with simple shapes, such as Noah's ark, a mountain, a dove, or an olive leaf.
2. Draw and cut out these shapes

